UNIVERSITY OF SAINT MARY FOUR-YEAR ACADEMIC PLAN

HISTORY

This four-year plan is valid according to the USM Undergraduate Catalog and is subject to change. This guide is merely a recommendation. Your actual program may vary. Other factors may impact your time to degree and course sequencing. See the current USM Undergraduate Catalog at **http://www.stmary.edu/catalog** for more information, including USM academic policies, curriculum, pre-requisites, and course information.

HISTORY MAJOR

The Four-Year Plan for a major in history:

- Requires 128 total credits
- Requires 42 upper-level credits
- Requires 30 history credits total, of which 15 are upper-level credits

Students majoring in history on the secondary-education track will have separate requirements and must consult the history advisor for details.

Freshman Year (32 Credits)			
Fall (16 credits)		**Spring (16 credits)**	
First Year Experience I	3 credits	First Year Experience II	3 credits
English Composition I	3 credits	English Composition II	3 credits
World Civ I or U.S. History I	3 credits	World Civ II or U.S. History II	3 credits
Math	3 credits	American Government	3 credits
Natural Science with Lab	4 credits	Lifetime Wellness	3 credits
		Information Technology Workshop	1 credit

Sophomore Year (31 Credits)			
Fall (15 credits)		**Spring (16 credits)**	
Literature	3 credits	Upper-level History	3 credits
International Affairs (CS/IS)	3 credits	World Civ II or U.S. History II	3 credits
World Civ I or U.S. History I	3 credits	Theology	3 credits
Human Geography (IS)	3 credits	Public Speaking	3 credits
Political Thought I	3 credits	Elective	3 credits
		Information Technology Workshop	1 credit

Junior Year (32 Credits)			
Fall (16 credits)		**Spring (16 credits)**	
Fine Arts	3 credits	Upper-level History	3 credits
Sociology	3 credits	Elective	3 credits
World Religions (IS)	3 credits	Elective	3 credits
Spanish I	4 credits	Elective	3 credits
Upper-level History	3 credits	Spanish II	4 credits

Senior Year (33 Credits)			
Fall (18 credits)		**Spring (15 credits)**	
Historical Method	3 credits	Elective	3 credits
The American Century (IS)	3 credits	Elective	3 credits
History Internship	6 credits	Elective	3 credits
Elective	3 credits	Elective	3 credits
Elective	3 credits	Elective	3 credits

Total credits: 128.
Courses in the department of history, political science, & global studies are on a two-year rotation schedule.