

## NEWS RELEASE

Nov. 9, 2011

Contact: John Shultz (913) 758-6165  
Email: [shultz35@stmary.edu](mailto:shultz35@stmary.edu)



## Two USM Lady Spires Volleyball Players Earn All-Conference Designations from the KCAC

(Leavenworth, Kan.)—Two University of Saint Mary Lady Spires Volleyball players received all-conference honors from the Kansas Collegiate Athletic Conference (KCAC) for their strong play during the recently-completed regular season.

**Amelia Noll**, a junior libero from Nortonville, Kan., was named KCAC Libero of the Year, as well as earned a First Team All-Conference selection. Noll led the conference in digs, averaging just under eight per set.

**Megan Puhr**, a junior outside hitter from Tonganoxie, Kan., was named to the conference's Honorable Mention team.

"These awards are indicative of what the future holds for the USM Volleyball program," said Head Coach Conan Salanoa.

"Amelia deserved the award as she was one of the top defensive players in the nation," he said. "It's not often in volleyball that teams have to game plan around an opposing libero, but Amelia caused opposing coaches to do just that. I couldn't be more proud of her."

Coach Salanoa added: "Megan has always been our best all-around player. She does everything well, and she ranks at or near the top in every statistical category for our team."

The USM Volleyball Team finished the season with a 4-14 mark in the conference and an 8-22 record overall. The Lady Spires won a play-in game to start the KCAC Championship tourney Nov. 5, before losing to top-ranked Kansas Wesleyan University in three sets on Nov. 8.

Saint Mary has 12 varsity sports programs—football, volleyball, baseball, softball, men's and women's basketball, men's and women's soccer, cross country, and track & field—along with co-ed cheerleading and dance. Go to [www.GoSpires.com](http://www.GoSpires.com) for more information on USM sports.

*The University of Saint Mary is a Catholic co-educational applied liberal arts university founded and sponsored by the Sisters of Charity of Leavenworth. The University of Saint Mary is located at 4100 South 4th Street, Leavenworth, Kan., with additional locations in Overland Park and Kansas City, Kan. Visit [www.stmary.edu](http://www.stmary.edu) for more information.*

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