

NEWS RELEASE

April 30, 2010

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University of Saint Mary & American Red Cross Help Children Learn to Swim

Registration 6:30-8:30 p.m. Wednesday, May 12, in the Walnut Room

(Leavenworth, Kan.)—With summer just around the corner, the University of Saint Mary is ready to re-launch the university's popular American Red Cross Summer Swim Program. Registration will be held from 6:30-8:30 p.m. on Wednesday, May 12, in the Walnut Room on the second floor of Mead Hall on USM's Leavenworth campus, 4100 South 4th Street.

Enrollment is on a first-come, first-serve basis, and classes fill up quickly. The cost is \$40 per session.

This year's program features the recently revised guidelines for Levels 1 through 6 of the Red Cross Learn-to-Swim Program for children ages 4 and up, combining the best in swim instruction with a strong emphasis on drowning prevention and water safety.

Lessons are held at USM's heated indoor pool, located on the ground level of Berchmans Hall on the Leavenworth campus. Most classes meet for 45 minutes. Daytime lessons meet Monday through Thursday for two consecutive weeks, and evening classes meet two times per week for four weeks. The first session for daytime and evening lessons begins on Tuesday, June 1.

Classes are limited to six participants per class. "Classes are kept small so that swimmers can receive individual attention, and because smaller classes create a safer environment," said Aquatics Director Janet Loewenstein.

Visit www.stmary.edu/schedules to view swim class schedules and to print registration forms.

USM also offers ongoing morning and evening aqua-fitness classes for adults. Call Janet Loewenstein at (913) 682-5151, ext. 6622, for more information.

The University of Saint Mary is a Catholic co-educational applied liberal arts university founded and sponsored by the Sisters of Charity of Leavenworth. The University of Saint Mary is located at 4100 South 4th Street, Leavenworth, Kan., with additional locations in Overland Park, Shawnee, and Kansas City, Kan. Visit www.stmary.edu for more information.

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