

NEWS RELEASE

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Contact: John Shultz (913) 758-6165
Email: shultz35@stmary.edu



Two Saint Mary Lady Spires Named to 2010 All-Conference Volleyball Teams

(Leavenworth, Kan.)—Two University of Saint Mary Lady Spires volleyball players were named to all-conference teams by the Kansas Collegiate Athletic Conference (KCAC) this week for their play during the 2010 season.

Amelia Noll, a sophomore libero from Nortonville, Kan., was named to the Second Team All-KCAC Volleyball Team, and Megan Puhr, a sophomore outside hitter from Tonganoxie, Kan., was named to the Honorable Mention Team.

“I can’t say enough about the effort of all of our volleyball players,” said Head Volleyball Coach Conan Salanoa. “Amelia is No. 1 in the conference in digs per game, and she works hard every practice and every game. Megan does it all for us. She passes, she hits, she blocks.”

The USM Volleyball Team finished the season with an 8-22 record overall and a 5-13 mark in the KCAC. The Lady Spires won a play-in game for the KCAC Tournament on Nov. 6 against Bethany College. Saint Mary exited the tournament with a loss to top-seeded Friends University on Tuesday, Nov. 9.

Saint Mary has 12 varsity sports programs—football, volleyball, baseball, softball, men’s and women’s basketball, men’s and women’s soccer, cross country, and track & field—along with co-ed cheerleading and dance.

Go to www.GoSpires.com for more information on USM sports.

The University of Saint Mary is a Catholic co-educational applied liberal arts university founded and sponsored by the Sisters of Charity of Leavenworth. The University of Saint Mary is located at 4100 South 4th Street, Leavenworth, Kan., with additional locations in Overland Park and Kansas City, Kan. Visit www.stmary.edu for more information.

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