

NEWS RELEASE

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University of Saint Mary & American Red Cross Help Children Learn to Swim *Registration 6:30-8:30 p.m. Tuesday, May 17*

(Leavenworth, Kan.)—With summer just a few short weeks away, the University of Saint Mary is again prepared to dive into its popular American Red Cross Summer Swim Program. Registration will be held 6:30-8:30 p.m. on Tuesday, May 17, in the Walnut Room of Mead Hall on the USM main Leavenworth campus, 4100 South 4th Street.

The cost is \$40 per session. Enrollment is on a first-come, first-serve basis, and classes historically fill up quickly.

The USM program is built on the revised guidelines for Levels 1 through 6 of the Red Cross Learn-to-Swim Program for children ages 4 and up, combining the best in swim instruction with a strong emphasis on drowning prevention and water safety.

Lessons are held at USM's heated indoor pool, located on the ground level of Berchmans Hall on the Leavenworth campus. Most classes meet for 45 minutes. Daytime lessons meet Monday through Thursday for two consecutive weeks, and evening classes meet two times per week for four weeks. This year, USM is offering session start dates in May, June, July, and August.

The first session for daytime lessons begins on Tuesday, May 31. Evening sessions start on June 1.

Classes are limited to six participants per class. "Smaller classes create a safer environment," said USM Aquatics Director Janet Loewenstein. "With fewer participants per class, swimmers can receive extra individual attention.

Visit www.stmary.edu/schedules to view swim class schedules and to print registration forms.

USM also offers ongoing morning and evening aqua-fitness classes for adults. Call Janet Loewenstein at (913) 682-5151, ext. 6622, for more information.

The University of Saint Mary is a Catholic co-educational applied liberal arts university founded and sponsored by the Sisters of Charity of Leavenworth. The University of Saint Mary is located at 4100 South 4th Street, Leavenworth, Kan., with additional locations in Overland Park and Kansas City, Kan. Visit www.stmary.edu for more information.

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