

HEALTH SERVICES

Routine Health Care

You are responsible for your health care – so be an informed consumer. Understand your health insurance to ensure you get the care you need, when you need it, and at the appropriate cost. For routine health care, USM has a good working relationship with Associates in Family Health Care, located at 712 1st Terrace, in Lansing (913-727-6000). Student Life can assist you in making a doctor's appointment if needed.

Emergency Room Service

Saint John's Hospital is conveniently located to the north of the campus. Cushing Memorial Hospital is located at 711 Marshall in Leavenworth. Both hospitals provide emergency room service. The fee for a visit is charged according to the level of service given. An average visit usually costs several hundred dollars, which includes the physician fee. Costs can easily be higher depending on such things as the tests run and treatments provided.

Students are encouraged to visit a local physician before going to an emergency room for treatment. Although costs vary, first-time appointments to a physician's office generally cost approximately \$75 to \$100 with subsequent visits less. Laboratory, x-ray, and other fees usually increase the cost. Students will need to provide their insurance information to health care providers when receiving service. It is very helpful to the student to have an insurance card and list of preferred providers in Leavenworth when arriving on the Saint Mary campus.

It is ultimately the responsibility of the student or parent to determine whether to visit an emergency room or other health care professional.

HEALTH AND ACCIDENT INSURANCE CARE AND COVERAGE

It is the student's responsibility to pay for off-campus medical and/or hospital treatment. **University of Saint Mary does not provide health insurance coverage for you.** If you do not have primary health insurance under your parents' health plan or some other health insurance plan, you must obtain your own individual health care coverage. **Students involved in the Athletic Program must have coverage that includes collegiate athletics.** Insurance plan information may be obtained in the Student Life Office.

All residential students, all international students, and all student athletes are required to maintain current health insurance. Students must present current proof of health insurance to the university each fall, or in January if entering the university at that time. In addition, residential students and all international students enrolled at University of Saint Mary are eligible for and included in the student accident insurance program that will be added to the student's bill unless coverage has been specifically waived due to other coverage. This coverage is for medical expenses arising from accidents on or off campus.

Instructions to activate student accident insurance for accident or injury:

1. During normal business hours, seek regular medical care.
2. For injuries that occur during a game or athletic practice, see trainer for evaluation, treatment and/or referral.
3. After evaluation by the trainer, student should verify coverage and pick up a claim form from the trainer or Student Life. Take the claim form and personal insurance card to physician's office or hospital Emergency Room.
4. Return completed claim form and copy of all forms from the physician or Emergency Room to the Student Life Office or the trainer.
5. For injuries of a serious or life-threatening nature, call 911 or proceed to the nearest Emergency Room. When you return to school, please bring copies of all paperwork that you receive at the hospital to the trainer or the Student Life Office where you will receive a claim form to complete.
6. For questions on this procedure, please contact the Student Life Office at ext. 6120.

Accident insurance is also available to commuter students enrolled at University of Saint Mary. Arrangements can be made and accident insurance paid for at the Business Office during the first two weeks of each semester.

INFECTIOUS DISEASE POLICY

On the basis of current information from the American College Health Association, the Centers for Disease Control and Prevention, and the Kansas Department of Health and Environment, University of Saint Mary implements the following policy to protect the university community from infectious diseases.

All residential students, athletes and international students are required to have an updated health history, physical examination, health/medical insurance, and an immunization record on file in the Student Life office. The health history must be on file in Student Life before the student can move into the residence hall. All health forms must be on file with the trainer before an athlete can begin practice or participate in games.

Failure to provide the required information to Student Life will result in a "health hold", and the student will not be allowed to register for the next semester's classes until he/she is in compliance.

Commuter students are required to have an updated health history and an immunization record on file in Student Life each year.

The immunization portion of the health record requires the following:

- Tetanus-Diphtheria booster within the last 10 years
- Two (2) MMR (measles, mumps, rubella) vaccines (persons born before 1957 are considered immune)
- Proof of a negative tuberculosis (PPD) skin test or chest X-ray within the past year (12 months)

- **The State of Kansas now requires all incoming Residential Students to have a meningitis vaccination**

A health care provider must validate the immunization record, or a copy of school/health department/military records is acceptable. For those who will not or cannot be immunized for medical, religious, or other reasons, the university will engage in dialogue with the student to reach a reasonable accommodation.

In addition to the required immunizations, the American College Health Association recommends the following: hepatitis B, chickenpox, polio, and influenza.

Immunizations may be obtained from the student's personal physician or local Health Department.

University of Saint Mary, including its trustees, administrators, faculty, staff, and agents, is not, and will not be held, liable should a vaccine-preventable disease be contracted on campus. In the event of a disease outbreak on campus, those individuals who have elected not to be immunized or those who have not provided health records may be treated as susceptible to the disease and may be barred from university services, programs, activities, and facilities whether leased or owned, including, but not limited to, classrooms and classes, libraries, Residence Halls, sporting events, food services, athletic facilities, and clubs and organizations, until such time as it is specified by the Leavenworth County Health Department and University of Saint Mary Health Services that the student is no longer at risk for acquiring the disease. Experience from around the country indicates that in instances of disease outbreak, the time away from campus for students who are not immunized could be three (3) months or longer. A disruption of this magnitude would impact the pace of studies. Tuition or other costs will not be refunded in the event a student is unable to attend class because of lack of immunization.

The university will keep information related to applicants or students with infectious disease confidential except that (i) administrators, faculty, and staff may be informed regarding a restriction on the academic, social, athletic or other educational activity or program of individuals with infectious disease and regarding any accommodation, (ii) first aid and safety personnel may be informed, when and to the extent appropriate, if the condition might require emergency treatment, and (iii) government officials investigating complaints under law shall be informed.

Within this context, University of Saint Mary may:

- Refer, when necessary, any person affiliated with the university who may have an infectious disease to appropriate qualified individuals for health care or counseling services in order to educate them about the disease, teach appropriate hygiene, and the importance of not engaging in behaviors that are known to be likely means of transmitting the disease to others;
- Suspend, when necessary, general university housing regulations to accommodate appropriate living arrangements for persons with an infectious disease or their roommates;
- Require persons with an infectious disease to take precautions with others when they have had or will have especially close contact, e.g. Residence Hall roommate or suitemate, which could pose an unacceptable risk of transmission of the disease. Such precautions will be verified by the health services director. Precautionary requirements may be waived if alternative housing arrangements are accepted or if recommended by a health care provider satisfactory to the university; or
- Restrict or terminate the enrollment or participation in university-related educational programs or activities or the housing status of any student known to have an infectious disease. Notice of restriction or termination will be in writing. Individuals, whose enrollment or university-controlled housing arrangements are restricted or terminated on the basis of infectious disease issues may, if he/she chooses, appeal such a decision to the university president or designee(s).